## PUBLIC HEARING TO RECEIVE PUBLIC TESTIMONY AND COMMENTS

IN RE: PROPOSED 2023 HEALTH INSURANCE RATE INCREASE

Golden Rule Insurance Company Pre-ACA Policies
Wellmark, Inc., Pre-ACA Policies
Wellmark Health Plan of Iowa Pre-ACA Policies
Medica Insurance Company ACA Policies
Oscar Insurance Company ACA Policies

IOWA INSURANCE COMMISSIONER DOUG OMMEN, Presiding

Also Present: SONYA SELLMEYER
Consumer Advocacy Officer

Saturday, August 20, 2022 9 a.m.

VOLUME I

Iowa Insurance Division 1963 Bell Avenue Des Moines, Iowa 50315

THERESA KENKEL - CERTIFIED SHORTHAND REPORTER

## PROCEEDINGS

MS. SELLMEYER: Good morning.

COMMISSIONER OMMEN: Yes, good morning. Welcome to those of you who are attending today.

I am Commissioner Doug Ommen. We're here to receive comments on rate filings that were submitted in our individual health insurance market. This is a proceeding that's required by law so thank you for being here today.

Rate filings that are under consideration today include individual plans that are compliant with the Affordable Care Act, individual plans that were grandfathered under the Affordable Care Act, and plans that are known as transition plans, or more colloquially, grandmothered plans.

Although the letter of the law, the Affordable Care Act provides that these transition plans are prohibited, Presidents Obama, Trump, and now Biden have annually announced that the Affordable Care Act will not be enforced for policyholders who want to keep these plans. However, the companies are prohibited under the ACA from offering these same plans to new participants. This is impacting the risk pools because the companies cannot add newer, younger, or healthier participants to replace those

who leave these plans.

First I want to introduce to my left here Consumer Advocate Sonya Sellmeyer.

As mentioned, today's purpose of the hearing is to gather comments and information from individuals who are going to be impacted by rates that have been submitted in these plans. Our rate review authority is primarily a function of balancing the total dollars paid out to cover health care costs in the form of claims for a particular insurance pool with a mix of rates that are designed to collect enough premium to cover those claims. In reviewing the rates, the impact of the rates, however, is important.

Iowa Code, Section 505.19, requires I convene a public hearing on proposed individual health insurance rate increases which exceed the average annual health spending growth rate. This annual health spending growth rate is published by the Centers for Medicare and Medicaid Services of the United States Department of Health & Human Services. For 2023, it's my understanding the health spending growth rate is 5.4 percent.

For today's hearing I am primarily interested in hearing from individuals who would be

impacted in the plan rate increases that are under consideration today. I will hear comments from all members of the public but the primary issue is the affordability for those who actually have coverage in these plans.

Materials regarding the proposed rates can be found on our website.

Ms. Sellmeyer, do you have the place, the location in which those can be found on our website?

MS. SELLMEYER: Yes. If you Google Iowa Insurance Division, our website will come right up and then you go to News. And then on the News portion of the website, there is a link that says "Health Insurance Rate Increase," and that information is on there listed--divided out by company. A copy of the agenda for today's hearing is also on there as well as I had posted one in the chat as well.

COMMISSIONER OMMEN: All right. Thank you.

All right. So today we're going to go through the rates that have been submitted and are subject to hearing and with that we will begin with Golden Rule Insurance Company. These are pre-ACA policies. As mentioned, published on our website are summaries for each of the plans under consideration

today.

Under the laws, the Insurance Commissioner, and my staff, which includes actuaries, we carefully review the proposed rates. We assess the rate plans in terms of what premium is needed to be collected in order to cover the claims that are experienced in that particular segment of the market.

So for today's hearing we'll start with those that are in attendance here in the hearing room. The hearing is on the record so we have a court reporter who will be transcribing what is said. So if you're speaking and giving comments, it's important for you to identify yourself.

And then to facilitate that process, we'll make sure that we handle all of the received testimony from all those within the room, and then following that we'll go with those that are appearing virtually under--through our teleconferencing process.

So as I mentioned, and previously introduced, Sonya Sellmeyer is our Iowa insurance Consumer Advocate, so we're going to begin with her first.

Ms. Sellmeyer, is there anything you wish to offer with regards to your testimony?

MS. SELLMEYER: Yes. Thank you, Commissioner.

I will start just real quick with some housekeeping. With regards to those in attendance, either via phone or the Zoom virtual link, if you are on the Zoom link, you have been muted and if you would like to speak, you can please press star 9 to raise your hand and our host on the Zoom link will let you know when you're able to talk.

If you're on the virtual feed, you are also muted. Again, if you would like to make a comment regarding one of the health care attendee rate increases--or the health care company's rate increases, please raise your hand via the reactions button at the bottom and you will be unmuted when it's your turn to speak.

I will also give some blanket testimony that will apply to all of the companies subject to this hearing, all five of them, so that I don't have to read it five times and I will start with that now and then I will specifically go into Golden Rule.

Iowa Code 505.19 sets forth procedures for health insurance rate increase requests exceeding the average annual health spending growth rate of 5.4 percent published by the Centers of Medicare and

Medicaid Services, also known as CMS. The procedure includes a requirement that the Consumer Advocate solicit public comments on the proposed rate increase, provide the comments received by the public on the internet, and present the public testimony and comments received by the Commissioner of Insurance for consideration before a decision is made on the proposed rate increase.

Two separate and independent reviews are conducted, as mentioned by the Commissioner, to determine whether or not the carrier's rate change proposal is reasonable and justified. First, the Iowa Insurance Division's health team, which includes an actuary, conducts an independent review of the company's proposal. Second, an outside consulting actuary independently conducts another review.

Before a recommendation is made to the Commissioner pending approval, disapproval, or modification of the proposal, both review teams must be in substantial agreement on the rate recommendation. The dual review system has been in place since 2008.

The Affordable Care Act, or the ACA, requires health insurers to submit data on the portion of premium revenues spent on clinical

services and quality improvement, also known as the Medical Loss Ratio or MLR. It also requires health insurers to issue rebates to enrollees if this percentage does not meet minimum standards.

The ACA requires health insurance companies to spend at least 80 percent of premium dollars on medical care, with the rate review provisions imposing tighter limits on health insurance rate increases.

As of 2012, if an insurer fails to meet the applicable MLR standard, the issuer is required to provide a rebate to its consumers. Rate proposals are only approved if the projected Federal MLR is expected to satisfy that 80 percent standard.

For all medical health insurance rate change proposals, both rate review teams analyze the carrier's experience, being their claims, premiums, loss ratios, trend assumption, which is the growth in the cost of the claims caused by unit cost increase, as well as utilization increases and other assumptions to determine if the rate increase proposal is reasonable and justified.

Both rate review teams employ sophisticated procedures, forecasting models, and scenario testing to gauge the reasonableness of the proposal. This

type of analysis utilized, the procedures and methodology, and the overall process have developed over a period of numerous years. Shortly after the passage of the ACA, an actuarial consulting firm, the INS Companies out of Philadelphia, Pennsylvania, conducted an in-depth analysis of the Iowa Insurance Division's rate review process and found it to be thorough, reasonable, and actuarially sound.

The State of Iowa is considered to have an Effective Rate Review, ERR, program to keep--program in place by CMS. With the ERR designation by CMS, as well as the process described earlier, the public should be confident that any decision rendered after this hearing was thoroughly vetted.

Congress has taken steps in the last two years to subsidize the cost of insurance on the ACA market. In the past, a household was not eligible for a premium tax credit unless their household income was between 100 and 400 percent of the Federal poverty level for their family's size.

With the American Rescue Plan Act, ARPA, income levels above 400 percent are allowed to claim a tax credit for the 2021 and 2022 tax years. The recently signed Inflation Reduction Act further extends ARPA's enhanced subsidies and further lowered

the ACA percentage of income paid toward premiums through 2025 and, thus, eliminating the subsidy cliff.

In 2022, after advance premium tax credits, nearly 40 percent of Iowa policyholders pay premiums less than 10 percent, and the average Iowa premium after the APTC is \$90.

And we have a chart here, if it will allow me to share my screen, that we also have for the attendees in the room that shows what I just discussed there. The more than 400 percent of the Federal poverty level only is going to pay 8.5 percent of their income now with the legislation that was passed this last couple of years. Thus, the ACA market is worth taking a look at and--during open enrollment or after a family or work change.

I will now present my testimony in regards just to Golden Rule. And, again, that was a blanket statement that will apply to all of the companies under review here.

Golden Rule Insurance Company is seeking a proposed rate increase of 14 percent on all their pre-ACA grandfathered and transitional blocks of business covering approximately 1,700 Iowa lives. As the amount proposed exceeded the most current average annual income health spending growth rate of 5.4

percent, the Consumer Advocate solicited comments regarding the proposed increase.

Using the actuarial process that I have described, the actuarial teams found the following:

Past loss ratios for this block of business have averaged just under 82 percent during the last seven years.

In the absence of a rate increase for the calendar year 2023, the Iowa Insurance Division projected loss ratios for this block to be approximately 90 percent.

IID trend models justify a trend growth rate increase of 11 percent based upon a review of the per member per month claims and adjusted calendar loss--year loss ratio.

With the high current loss ratios and the consistent growth of claims, the Iowa Insurance Division's 2023 projected loss ratio is approximately 79 percent after the 14 percent rate increase is implemented.

After adjustments are made to account for taxes, license, and fees in the Federally prescribed Medical Loss Ratio formula, the Iowa Insurance Division's 2023 projected Medical Loss Ratio is approximately 82 percent after the increase is

implemented.

In the event that that Medical Loss Ratio dips below the 80 percent with the revised rates over a three-year rolling basis, affected Iowans could receive a rebate under Federal law.

The average premium increase for this suggested rate--proposed rate increase is approximately \$54 a month, approximately an average of \$441 is the projected 2023 premium, less \$387 for the current average premium. This is an average based upon all members, all group ages, all benefit levels, all geographical regions.

The Consumer Advocate has received zero comments from policyholders or members of the public regarding this proposed rate increase.

In summary, the average premium increase is approximately \$54 a month. This is an average based upon members, all age groups, all benefit plans, all geographic regions. Again, no comments have been received as of Thursday's date, August 18th.

However, comments may continue to be received until the Commissioner makes a final decision on the proposed rate increase. Any additional comments received before the Commissioner's decision, but after the presentation of this testimony, will be

1	recorded on the public rate hearing website.
2	I do not believe we have anyone in the room
3	that would like to comment on Golden Rule. I do
4	believe we have someone on the line from Golden Rule.
5	Carol?
6	COMMISSIONER OMMEN: Before we go to Carol,
7	let me just make a general call for are there any
8	individuals, any policyholders with Golden Rule who
9	wish to offer a comment?
10	(No response.)
11	COMMISSIONER OMMEN: All right. Hearing
12	none, with that we'll now turn to you. It's my
13	understanding, Carolwell, let me just ask. Is
14	there someone from Golden Rule who wishes to offer
15	comment?
16	MS. CAROL TROCINSKI: Good morning. This is
17	Carol Trocinski. Sorry.
18	COMMISSIONER OMMEN: No, you're fine, Carol.
19	Good morning.
20	MS. CAROL TROCINSKI: Are you folks ready to
21	go?
22	COMMISSIONER OMMEN: Yes. Go ahead.
23	MS. CAROL TROCINSKI: Wellhere, I'm going
24	to
25	COMMISSIONER OMMEN: Carol, we were hearing

you. We're now not hearing you, if you're speaking. 1 2 Todd, is she reflected as being muted or an 3 open mic? MR. FULLESTAD: She's still--she's still 4 5 unmuted. 6 MS. CAROL TROCINSKI: Good morning again. 7 MS. SELLMEYER: Good morning. MS. CAROL TROCINSKI: Is there an echo? 8 9 MS. SELLMEYER: No. 10 COMMISSIONER OMMEN: We're able to hear you 11 fine. 12 MS. CAROL TROCINSKI: Okay. 13 COMMISSIONER OMMEN: If you have an echo, 14 you can just ignore it. 15 MS. CAROL TROCINSKI: Okay. I can talk to 16 my echo, don't worry about that. 17 COMMISSIONER OMMEN: All right. MS. CAROL TROCINSKI: Good morning. 18 My name 19 is Carol Trocinski. I'm director of regulatory 20 affairs for United Healthcare in the State of Iowa. 21 Thanks for the opportunity to listen to comments and 22 represent Golden Rule Insurance Company, a United 23 Healthcare company. 24 As you're aware, Golden Rule Insurance

Company filed a request for a rate adjustment of 14

percent for the proposed effective date of 1-1, 2023.

This rate increase is projected to affect approximately 1,700 customers in the State of Iowa.

The 14 percent we are requesting is to cover the current health care costs, expenses for the membership, increasing costs of medical services, and increased utilization.

We continue to look for ways to limit health and cost increases and be able to provide affordable care in the State of Iowa.

We're hopeful that the Iowa Insurance

Division will approve our rate increase as it's based on our sound actuarial principles and methods and a direct representation of expected medical costs for the book of business.

At this point in time that would end my comments. Thank you for the opportunity to provide these.

COMMISSIONER OMMEN: All right. Thank you.

With that I want the record to reflect the public testimony of Consumer Advocate Sonya Sellmeyer is received into the record. And in addition to that, I have other notes concerning the fact that no one has been here to offer additional comments, but as mentioned by Ms. Sellmeyer, the record will be

remain--will remain open.

So, Ms. Sellmeyer, I just ask that you keep that information available, that notice available on our website so that consumers who maybe have not yet submitted but would like to avail themselves of the opportunity to provide comment are permitted to do so and I would look forward to you supplementing the record between now and the time that I do render my decision.

With that, the record with regards to the Golden Rule Insurance Company submission will be at this time taken under advisement.

With that, we will now move to rate submission by Wellmark, Incorporated. This is also a pre-ACA rate increase filing.

And so with that, I'll turn back to you,

Ms. Sellmeyer, to present any testimony that you may
have as well as any comments that may have been
received to date.

MS. SELLMEYER: Thank you, Commissioner.

Wellmark, Incorporated, is seeking a proposed average rate increase of 6.2 percent for their pre-ACA grandfathered and transitional policies. The 6.2 percent increase varies between plans with a low of 4.5 percent and a high of 7.8

percent. The proposed increase covers approximately 33,000 Iowa lives. If approved, the proposed rate increase would become effective on January 1, 2023.

As the amount proposed exceeds the most current average annual health spending growth rate of 5.4 percent, the Consumer Advocate solicited comments regarding those proposed increases.

But first, let's talk about the actuarial process and what they found. Past loss ratios for this block have averaged just under 85 percent over the last seven years.

In the absence of a rate increase for the calendar year 2023, the Iowa Insurance Division's projected loss ratio is approximately 93 percent.

IID trend models justify a trend growth rate of nearly 10 percent based upon a review of the per member per month claims and adjusted calendar year loss ratios.

With the high current loss ratios and the consistent growth of claims, the Iowa Insurance Division's 2023 projected loss ratio is approximately 87 percent after the 6.2 rate increase is implemented.

After adjustments are made to account for taxes, license, and fees in the Federally prescribed

Medical Loss Ratio formula, the Iowa Insurance
Division's 2023 projected Medical Loss Ratio is
nearly 91 percent after the increase is implemented.

In the event that MLR dips below 80 percent with the revised rates over a three-year rolling basis, affected Iowans could receive a rebate under Federal law.

The average premium increase is around \$35 a month and that is an average based upon all members, all age groups, all benefit plans, and, again, all regional--geographical regions within the state.

I did receive approximately 15 comments from policyholders and members of the public. Like most who are subject to proposed rate increases, the comments, of course, focused on affordability. These affected Wellmark pools have been receiving rate increases every year to every other year, which has led to some premiums ballooning from their original rates and an overall rate increase fatigue.

One policyholder commented "This year when we got the increase we almost cancelled. We are a family of four. We have one grown son almost off our insurance and one in college with three years to go. My husband was a small business owner and he got out early when a perspective buyer came along. We are

now living on our savings. He's 61, I'm 60.

"We are healthy people. We don't smoke, our grown sons are healthy. We live conservatively in a small town in northwest Iowa. Over \$35,000 for insurance. A \$5,000 deductible. Nothing is covered until we meet that. No prescriptions covered.

"Please don't increase. We cannot afford it. We've worked hard all of our lives. When we get the bill, it makes me physically ill. Do you pay \$35,000 in insurance? How can small business owners afford this? Is there something we can do to decrease the amount? Please let us know. Maybe we'll find an alternative or go back to work. This letter totally ruined my day."

The rest of the 14 other comments have been submitted to the Commissioner for his review and are also on our website for the public's viewing.

The average--in summary, the average premium increase before Federal subsidies is approximately \$35 a month. This is an average based upon all members, age groups, and benefit plans, all geographical regions.

The comments received and posted by August 18th have been included in this testimony report as required under Iowa Code, Section 505.19(3).

However, comments, again, may continue to be received until the Commissioner has issued his final decision.

And that is the conclusion of my testimony on Wellmark, Incorporated.

COMMISSIONER OMMEN: So, Ms. Sellmeyer, before you go to public comments of individuals that may be present or online, with regards to this 30--this group of 33,000 Iowans, that number continues to decline. I guess my question with regards to that number is was there anything in the actuarial reports that suggest that there is this impact of the Affordable Care Act and the availability of other types of coverage that may be impacting this pool as it continues to shrink?

MS. SELLMEYER: Yes. Thank you.

MS. SELLMEYER: Yes. Thank you, Commissioner.

There is--as I mentioned in my blanket opening statement, there has been recent legislation at the Federal level over the last three years that have made the ACA policies more affordable. Thus, with age and with people leaving the market--these grandfathered policies and moving into the ACA market, this is shrinking that pool which then the rates do increase when your pool shrinks.

So I do, again, want to stress that anyone

1	with any of these grandfathered and transitional
2	policies, it may be worth talking to an
3	independentor an insurancelicensed insurance
4	agent about their options under the ACA market. They
5	might be more affordable and their benefits might be
6	better.
7	COMMISSIONER OMMEN: All right. With that,
8	let's move to public comments, individuals who may be
9	here to testify. We'll begin with those that are in
10	the room.
11	Ms. Sellmeyer, are there any individuals in
12	the roomhearing room today that wish to offer
13	comment as policyholders of Wellmark, Incorporated?
14	MS. SELLMEYER: Yes, Commissioner. Mrs.
15	Johnson would like to speak on behalf of her son.
16	And you can stay right there to speak. The
17	microphone should pick you up.
18	MS. ROBERTA JOHNSON: This is my husband,
19	Wayne Johnson. I'm Roberta. We're farmers.
20	We employ our son because he's 82 years
21	old, so he plans onour son plans on takingbut
22	until he does, he has to survive because he's 53
23	years old.
24	But, unfortunately, about 25 years ago he

got bone cancer and he's had a lot of medical issues

and had to go through a rebuilding of--most of his one leg is metal. So every time he goes for a checkup--he had surgery done on his leg 25 years ago. He worked for Story Construction for seven years out of Ames, Iowa, and he just happened to fall one day and he called me, he says, "Mom, can you make an appointment with a doctor--our doctor" in this small town we live in. And I said, "Sure."

So, anyway, to make a long story short, he just thought he had sprained his leg or broke a bone or whatever, but the doctor in our town found out that it looked very suspicious and called all three of us in and unfortunately it was bone cancer.

So, anyway, he went through chemo and they wanted to amputate his leg, but he was only 27 years old so, you know, he did not want to lose a leg. So our doctor said, who was in Iowa City, said, "Wait. There's a new technology coming out that I think I can rebuild your leg with metal," which he did. And the outside of his leg looks normal and--with skin and everything.

But his knee, they took out his knee, they cut his femur bone in half, and his chin bone in half and pounded in rods and attached them to an artificial knee and he doesn't have to lose his total

leg. He's lost a lot of the inside.

But, anyway, we did not have insurance on our son because he was working for us. We couldn't afford insurance because he was--at that time he was 27-years-old and he had to go out and get a job because we only farmed, I don't know, 500 acres.

So Story Construction luckily, when they employ anybody, they also give them their insurance, provides insurance for them. Well, in this case it was a godsend because his medical bills were sky high and so that--and then he no longer could do construction work because Story Construction, they build hospitals, schools, whatever, and--where was I going with this?

But, anyway, we've found out that we could, because he held the policy under Story Construction, we could take out an individual policy, which we did, and we've had that policy. Now he's 53. He was 27 when it happened. So he's held that from Wellmark, and farming got a little bit better, we got a lot--we got more land.

But, anyway, we pay all of his insurance.

He's single, never been married, no children, and for nine years--I mean, we've had this policy for about 30, but I just looked up what I had paid from 2014 to

2022. His policy has increased over a thousand dollars each year. And we got this letter that they want to raise it 7.8 percent, you know, and I don't think that's quite fair.

COMMISSIONER OMMEN: Thank you, ma'am.

MS. ROBERTA JOHNSON: Yeah, that's all I've got to say because we've paid over--right now this year we're paying \$13,120.80 for his policy, and him alone, like I said.

COMMISSIONER OMMEN: Yeah. So since the--MS. ROBERTA JOHNSON: I feel that's a lot.

COMMISSIONER OMMEN: Since the Affordable Care Act was passed, the systems that were set up provided assistance to many people, but I think the consequence of that is that this particular plan is really at a disadvantage and I'll just say that frankly, it's been well-publicized. If you're in a pre-ACA plan, the Affordable Care Act actually prohibits the insurance company from adding any new people into that plan.

Now, that may or may not have benefited by adding new people into the plan, it may or may not have helped keep these rates down. My expectation is, as it's based on actuary reviews, it would have. So--

25 | So-

MS. ROBERTA JOHNSON: So is this why the increase is so great?

that that pool every year is shrinking. It's still stable. It's 33,000 Iowans that still avail themselves of that coverage. But I think, as Ms. Sellmeyer mentioned, I would just encourage every Iowan just needs to talk to someone who understands the other options that might be available and make a decision as to what is best for the year of 2023. So...

MS. ROBERTA JOHNSON: Sir, I did go to our insurance and she says, "Roberta, why don't we try to get him on the Obama," but the only disadvantage is it does not cover Rochester. It covers Iowa City, but the doctor that he had originally is retired, Dr. Buckwalter, and he says, "I trained this young man, who is now working at Rochester."

Well, now his leg is starting to disintegrate, the glue's coming undone and he'll have to have it redone, but he'll have to go to Rochester to get this done because this technique that Dr. Buckwalter did, he trained this young man. He works in Iowa City. They don't really do--there's nobody--we were just there two weeks ago in Iowa City visiting with Dr. Buckwalter and he told my son that

1	he should go to this intern since he was too old to
2	redo it, he doesn't do surgery.
3	COMMISSIONER OMMEN: Right.
4	MS. ROBERTA JOHNSON: He's more an advisor.
5	COMMISSIONER OMMEN: Yes. And that's
6	MS. ROBERTA JOHNSON: So that's the one
7	thing I was telling her about. I hate to not keep it
8	because then I'd kind of be cutting him off from
9	getting this done, and this leg has lasted 29 years
10	and Dr. Buckwalter says, "Wait. I should write you
11	up because they usually do not last half that long,
12	let alone 29 years."
13	So I don't want to upset it or irritate that
14	leg so that will start that bone cancer.
15	COMMISSIONER OMMEN: So, again, that'smy
16	encouragementthere is a concern over rates, there
17	is also concern over the adequacy of the network and
18	the network that the planthe particular plan
19	provides. So those are choices that you do have to
20	make as a family. I'm not able toI wouldn't make
21	those decisions, obviously.
22	MS. ROBERTA JOHNSON: See, I don't know if
23	we could afford to pay out of our pocket
24	COMMISSIONER OMMEN: Understood. That's
25	MS. ROBERTA JOHNSON:up at Rochester

1 because the cost up there is so terribly great. 2 COMMISSIONER OMMEN: So, again, those are the options available. The Federal law prohibits 3 4 this pool from adding new people, and so those rate 5 increases, I expect you'll continue to see some of 6 those. This pool is actually stable. That price 7 increase is not out of the norm. MS. ROBERTA JOHNSON: It isn't? 8 COMMISSIONER OMMEN: What has become the 9 10 Unfortunately in this country, that's kind of norm. 11 the norm. 12 MS. ROBERTA JOHNSON: 7.8 is the norm? 13 COMMISSIONER OMMEN: It's become that. 14 Again, this particular pool--this particular pool is 15 going to be a shrinking pool. I understand the 16 restrictions. I have no authority over that 17 provision because that's a Federal law and so for 18 us--for me it really is trying to understand what it 19 is--is the impact on individual consumers. I 20 appreciate your testimony, I will take that under 21 consideration. 22 MS. ROBERTA JOHNSON: Yeah. 23 COMMISSIONER OMMEN: Certainly I understand 24 and empathize with you and your family as you're

trying to make these choices.

So,

MS. ROBERTA JOHNSON: 1 Isn't the Commission's 2 job to kind of keep the insurance from going sky 3 high? COMMISSIONER OMMEN: It is. That is the 4 5 job. 6 MS. ROBERTA JOHNSON: I mean, because 7 otherwise, no one will be able to afford it if they 8 keep allowing it. 9 COMMISSIONER OMMEN: Yes. Also my job is to 10 make sure that the people that are in that pool that 11 are being asked to pay premiums are paying adequate 12 premium to cover the costs so that you don't have 13 cost subsidization. That is, the insurance companies 14 have an obligation under the law to not charge other 15 customers more to cover the costs in--from one pool 16 of people to cover the costs in the other pool. 17 So I do look at the overall costs, that is 18 kind of the aggregate costs that are being received 19 in terms of claims by the insurance company, but 20 mostly I look at the impact of the claims in the 21 particular group of people, in this case the 33,000 22 Iowans that are grouped in this pool. 23 MS. ROBERTA JOHNSON: That are in my group?

again, thank you very much for your testimony and for

COMMISSIONER OMMEN: Yes. Yes, ma'am.

24

1 your comments here today. 2 Are there any other individuals who wish to 3 offer comments on the--through videoconferencing? 4 MR. FULLESTAD: I do not see any indication 5 with the virtual attendees. 6 COMMISSIONER OMMEN: All right. And, again, 7 for any of those that are appearing virtually or 8 otherwise, the record will remain open until such time as I have considered all of the materials that 9 10 have been provided and do make a final decision on 11 this particular rate submission. 12 With that, the record will show that 13 Ms. Sellmever's comments, as well as Mrs. Johnson's 14 comments - -15 MS. ROBERTA JOHNSON: Thank you. 16 COMMISSIONER OMMEN: -- are received into the 17 record. 18 With that we can now move to Wellmark Health 19 Plan of Iowa. Likewise, these are also pre-ACA 20 plans. 21 So with that, Ms. Sellmeyer, do you have any 22 additional information to offer with regards to 23 these--this plan? 24 MS. SELLMEYER: Yes. Thank you

25

Commissioner.

Wellmark Health Plan of Iowa is seeking a proposed average rate increase of 7.8 percent on their pre-ACA grandfathered and transitional policies. The proposed increase covers all benefit plans with most plans receiving 7.8 percent and one plan receiving no increase.

Their proposal covers approximately 700 Iowa lives. The proposed rate increase would become effective on January 1, 2023, if approved.

As the amount proposed exceeds the most current average annual health spending growth rate of 5.4, IID solicited comments regarding that proposed increase.

But first let me go over the actuarial findings so those are in the record. The past loss ratios for this block have averaged just under 84 percent over the last seven years.

In the absence of a rate increase for the calendar year 2023, the Iowa Insurance Division's projected loss ratio is approximately 104 percent.

The Iowa Insurance Division trend models justify a trend growth rate of 10 percent, or higher, based upon a review of the per member per month claims and adjusted calendar year loss ratios.

With the high current loss ratios and the

consistent growth of claims, the Iowa Insurance
Division's 2023 projected loss ratio is approximately
96 percent after the 7.8 percent rate increase is
implemented.

After adjustments are made for taxes,
license, and fees in the Federally prescribed Medical
Loss Ratio formula, the Iowa Insurance Division's
2023 projected Medical Loss Ratio is approximately
100 percent after the increase is implemented.

In the event that Medical Loss Ratio dips below 80 percent over a three-year rolling basis, affected Iowans could receive a rebate under Federal law.

The average rate increase, premium rate increase for this block of business is approximately \$26 a month.

We did solicit public comments again on this rate increase and we received two comments. Both comments have been given to the Commissioner and I will state one now. "I think really this increase is unnecessary. Every year I hit a milestone Blue Cross/Blue Shield increases my insurance. I feel Blue Cross/Blue Shield is double-dipping in my pockets and many others. Please don't allow this increase to happen during a time of struggle for many

people in this country."

In summary, the average premium increase is around \$26 a month. This is an average based upon all members, all age groups, all benefit plans, and all geographical regions.

The comments received and posted by August 18th have been given to the Commissioner per Iowa Code, Section 505.19(3). And, again, the--Commissioner, we will allow additional comments to be received until the Commissioner issues his final decision.

And that would be the end of my testimony on Wellmark Health Plan of Iowa, sir.

COMMISSIONER OMMEN: Thank you,

Ms. Sellmeyer.

And, again, for those of you who may be listening in, as well as anyone in the room, I know we sometimes speak of Medical Loss Ratio and it sounds, you know, maybe somewhat complicated. But a Medical Loss Ratio of 100 essentially means the insurance company is breaking even. When I say "breaking even," I mean it's really not. There's no--that's sort of the break even point in terms of any sort of balance.

So it sounds to me, Ms. Sellmeyer, that at

least with this small block of 700, that's where this 1 2 company's at. 3 MS. SELLMEYER: That would be correct, sir. 4 COMMISSIONER OMMEN: All right. With that, 5 again, I appreciate the public comments. The record 6 will show that your public comments as well as any 7 written comments that have been received will be 8 received into the record. 9 With that, is there any representative from 10 Wellmark, Inc., or Wellmark Health Plan of Iowa that 11 wishes to offer any comment at this time? 12 (No response.) 13 COMMISSIONER OMMEN: Very well. Hearing 14 none, the record again will remain open if there are 15 additional comments to be received with regard to 16 Wellmark Health Plan. 17 With that, we'll now move to the next rates 18 that are being considered today and that is offer--or 19 the submission of a rate increase by Medica Insurance 20 Company, which is an ACA rate plan--rated plan. 21 And so with that, it's my understanding that 22 they did offer an increase or have submitted an 23 increase. And I apologize, I'm looking through my 24 notes here with regards to that increase.

Ms. Sellmeyer, what was their proposed

increase?

MS. SELLMEYER: Their proposed average rate increase was 9.74 for that ACA block of business and that would have affected 1,900 Iowa lives.

COMMISSIONER OMMEN: All right. It's also my understanding that there is a representative of Medica here today. There has been a request made to ask for some additional time in which to offer and receive public comment.

So at this point, I'll call upon Medica Insurance Company. Are you here today?

MR. JAY McLAREN: Yes, Commissioner Ommen.

COMMISSIONER OMMEN: All right. Could you just please identify yourself and offer a statement.

MR. JAY McLAREN: Absolutely.

Commissioner Ommen and Ms. Sellmeyer, thank you for the opportunity to comment. My name is Jay McLaren. I'm the vice-president of public policy and government relations at Medica, which is a regional nonprofit insurance company based in Minnesota.

Medica first entered Iowa's individual health insurance market in 2016 and are proud to have served Iowans in all 99 counties since that time.

By way of background on me, Commissioner and Ms. Sellmeyer, I grew up in a small community in

- southwest Iowa. My family's farmed in Fremont and Page Counties since the 1890s. And for the record, Commissioner, I will file no travel expenses affiliated with attending today's hearing as I was already scheduled to drop off my oldest son with my parents yesterday and I stayed with my brother in Grimes last night.
  - COMMISSIONER OMMEN: Actually, sir, I was hoping to see you at the State Fair today.

- MR. JAY McLAREN: You may see me there, but that's not a business expense, Commissioner.
  - So, Commissioner, next, if I may, I'd like to provide some context and background on the rate increase Medica filed with the Insurance Division for our individual ACA-compliant health insurance products.
  - Under these proposed rates, members could see a change in their premiums between 0 and 17.8 percent, depending on their plan design, network, and place of residence. Within this range, as Ms. Sellmeyer said, the average rate increase filed was 9.7 percent.
  - We filed this change primarily to cover a higher increase in medical inflation than we have experienced in the past. Inflationary pressures are

being experienced throughout our economy, including the health care sector, and these inflationary pressures account for nearly two-thirds of the rate increase filed with the Insurance Division.

The remainder of our rate increase is connected to costs related with plan design and networks filed for 2023. We recognize our members are sitting around their kitchen tables deciding how to pay for a variety of costs that are rising faster than we've seen in decades. These are difficult decisions for them and we do not take this action lightly and the rate increase that we filed.

Second, Commissioner, I need to address the reason our organization has received few or no consumer comments in response to our proposed rate increase.

Earlier this week as our organization was deciding on how to attend or provide comments in today's hearing, we learned we did not send a notice to our members informing them of our proposed rate changes in advance of today's hearing. We notified the Division Commissioner of this oversight earlier this week and we are working to send letters to our members very soon informing them of their proposed rate increases.

At this time we expect we can file a notice-or send a notice to our members as early as Friday, August 26th, providing them with specific information on how we filed our rate increase and how it would impact the family budgets.

In the interest of our members,

Commissioner, we respectfully request the Division

hold a hearing in late September to allow our members

the opportunity to provide the Division and the

public comment on our proposed rate increases.

We appreciate your consideration,

Commissioner, Ms. Sellmeyer. I deeply regret this

oversight on the part of our organization.

COMMISSIONER OMMEN: Thank you very much for being here.

The record is open and I will begin going over the materials that have been submitted to date. Certainly I have a written statement from Ms. Sellmeyer as well as the actuarial reports. I'll begin my consideration of your request for a rate filing. However, I would like to extend the opportunity for the public to provide comment as well as an opportunity, a date, to receive Ms. Sellmeyer's comments.

So, again, I appreciate you being here

39 1 today. I think we can work out the arrangements in 2 order to get that set and certainly meet our 3 obligations here in Iowa, as well as comply with the 4 requirements that the Federal Government has imposed 5 upon us with regards to that -- that review. 6 So, Ms. Sellmeyer, any further comment with 7 regards to Medica today? 8 MS. SELLMEYER: No. The only thing I'll reiterate is that it will be open for public comment 9 10 once those letters go out and we will have another 11 hearing to discuss that. Thank you. 12 COMMISSIONER OMMEN: Jay, thank you for 13 appearing today and, you know, we will, again, give

your request careful consideration but it's important for me to hear from your members as well. So thank you.

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MR. JAY McLAREN: Thank you, Commissioner. COMMISSIONER OMMEN: All right. With that, let's move to the last submission that is on our docket today, and that is a rate submission--rate

This is Oscar Insurance Company. also an ACA rate increase. So with that, we'll receive any comment that you may have, Ms. Sellmeyer, based upon your review of the rate increase, as well

increase submission by Oscar.

1 as any comments that have been received from the 2 public. 3 MS. SELLMEYER: Thank you, Commissioner. 4 Oscar Insurance Company has proposed an 5 average of 5 percent increase for their individual 6 ACA blocks of business. The proposal covers all 7 benefit plans with some plans receiving a rate 8 increase of 1--a decrease, sorry, a decrease of 1.7 9 percent, and others receiving up to an increase of 10 9.8 percent. 11 While there are approximately 3,100 Iowa 12 lives receiving a rate increase for this proposal, 13 just under 1,000 Iowa lives are subject to this 14 hearing. For 2023, only rate increases above the 5.4 15 are subject to that hearing, that's why that number 16 is different. 17 Therefore 64--sorry--67 percent of the 18 policies, 2,100 lives, are policies that fall below 19 the hearing threshold of 5.4 percent. If approved, 20 the proposed rate increase would become effective 21 January 1, 2023. 22 And I will go over the actuarial process 23 that is similar to the other policies that we have

talked about and then I will offer up public comment.

Past Iowa loss ratios for this block has

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averaged just under 77 percent over the last 12 months. The past U.S. loss ratios for this block have averaged just under 93 percent over the last seven years.

In the absence of a rate increase for the calendar year 2023, the Iowa Insurance Division's projected loss ratio is just under 88 percent.

Iowa Insurance Division trend models justify a trend growth rate of 8 percent based upon a review of their per member per month claims and adjusted calendar year loss ratios. This is primarily the result of reviewing Oscar's U.S. experience since they've only been in the market here for, I believe, a year. As a matter of practice, we utilized 5.4 percent, the CMS growth rate, in the projection models as a safe harbor input.

The Iowa Insurance Division's 2023 projected loss ratio is 83.7 percent after the 5 percent rate increase is implemented.

After adjustments are made to account for taxes, license, and fees in the Federally prescribed Medical Loss Ratio formula, the Iowa Insurance Division's 2023 projected MLR is 87 percent after the 5 percent increase is implemented.

In the event the MLR dips below 80 percent

with the revised rates after a three-year rolling basis, affected Iowans could receive that Federally--that rebate under Federal law.

The average premium increase, before Federal subsidies, is around \$29 a month. This is an average based upon all members, all age groups, all benefit plans, all geographical regions.

I did receive 11 comments based on this rate review from policyholders and members of the public. Like most who are subject to the proposed rate increases, the comments focused on affordability but also network adequacy issues. One policyholder commented "I am very opposed to an increase in premium. I did have Medica but switched to Oscar because it appeared to have equal or similar coverage with a lower premium with a \$7,000 deductible. However, after scheduling an appointment with a new doctor in my hometown, I was informed that the hospital/clinic there does not have a contract with Oscar so my insurance would do me no good.

"What good does it do for me to pay \$154 a month for insurance that does not"--"that does me absolutely no good?"

In summary, the average premium increase before Federal subsidies is approximately \$29 a

1 month. This is an average based upon all members, 2 all age groups, all geographical regions. 3 Again, the comments that have been received have been given -- as of August 18th have been given to 4 5 the Commissioner and comments will continue to be 6 taken until the Commissioner receives--or files his 7 final decision on this matter. 8 Thank you and that is the close of my 9 comments on Oscar. I do believe we have a company 10 representative on the phone as well. 11 COMMISSIONER OMMEN: All right. Before we 12 give the company representative an opportunity, are 13 there any other individuals who wish to offer 14 comments as policyholders of Oscar Insurance Company? 15 (No response.) 16 COMMISSIONER OMMEN: Todd, are there any 17 indications? 18 MR. FULLESTAD: I don't see anyone. 19 COMMISSIONER OMMEN: Seeing there's no 20 indications from anyone else that is appearing 21 publicly through the videoconferencing, I'll now call 22 upon a representative of Oscar Insurance Company, 23 should they wish to make any additional comment. 24 MR. CARTER KNIGHT: Hello. My name is

Carter Knight. I am an associate actuary for Oscar

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and we have no additional comments on this rate hearing.

COMMISSIONER OMMEN: Thank you, Mr. Knight, for being here.

And with that, Ms. Sellmeyer's comments will be received into the record as well as any of the comments that she's incorporated from individuals--individual members of the public.

With that, again, a reminder to all of you that the record will remain open should there be any additional comments to be received until such time as I render a decision, and that information is available on our website at Iowa--or at IID.Iowa.gov.

So with that, thank you, all of you, for being in attendance. I will share with you again personally the health insurance market is of great concern to me personally. Obviously, you know, the work that we do alongside regulators and policy--public policymakers at the Federal level is really important for us as we try to provide coverage for people here in Iowa.

But thank you so much for those of you who joined us today, for being in attendance, and with that I think the hearing is adjourned.

So thank you for all of that and we will go

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1	off the record. Have a good day.
2	MR. WAYNE JOHNSON: Thank you.
3	MS. ROBERTA JOHNSON: Thank you.
4	COMMISSIONER OMMEN: Thanks for being here.
5	(Proceedings adjourned at 9:57 a.m., until 5
6	p.m., Monday, September 26, 2022.)
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CERTIFICATE 2 I, the undersigned, a Certified Shorthand 3 Reporter of the State of Iowa, do hereby certify that I acted as the official court reporter at the hearing 4 5 in the above-entitled matter at the time and place 6 indicated: 7 That I took in shorthand all of the proceedings had at the said time and place and that 8 9 said shorthand notes were reduced to typewriting 10 under my direction and supervision, and that the 11 foregoing typewritten pages are a full and complete

Dated at Des Moines, Iowa, this 12th day of September, 2022.

transcript of the shorthand notes so taken.

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